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RICHARD STEVENS

Cyclescapes of the Unequal City Motorbooks International
Meet the dog-and-cat duo taking outdoor adventure to new heights. Henry and Baloo are a real-life dog/cat sibling pair, based in Colorado, whose unconventional friendship has won the hearts of humans worldwide. Whether they're scaling mountains or cozying down in a tent, these two are never far from each other's side and always ready for their next trek. Wanting to share their explorations with friends and family, photographer and the pair's proud owner, Cynthia Bennett, began capturing Henry and Baloo on their outdoor adventures—with vivid colors and stunning backdrops surrounding them in every shot. Now never-before-seen photos and untold stories are compiled in a book for fans to enjoy. More than beautiful photography and a sweet story, *Our Wild Tails* champions friendship in the most unlikely of places and proves to readers that love is universal. Cynthia Bennett, photographer and explorer, lives in Colorado Springs, Colorado, with her dog (Henry), cat (Baloo), and partner, Andre.

A Visual Analysis of Change Motorbooks

Literary legends Stan and Jan Berenstain take readers for a ride in this classic Beginner Book edited by Dr. Seuss. Small Bear has a new bike, but before he can ride it, his dad insists on a teaching him about bike safety. From learning how to stop and turn to going down a hill and traveling roads you know, Small Bear has a lot to learn. And Father Bear has an unforgettable way of showing his son all the tricks of biking. The second in the beloved Berenstain Bears series, *The Bike Lesson* is the Tour de France of funny tales for early readers. Originally created by Dr. Seuss, Beginner Books encourage children to read all by themselves, with simple words and illustrations that give clues to their meaning.

HarperCollins

We are bombarded with images of fitness and sport, everything from the sculpted torsos of reality TV shows to stories about cycle races and ultra-marathons. But at the same time, four in ten British adults, and 80% of children, are so sedentary they don't

meet even the minimum recommended levels for movement. What's going on? The answer is simple: activity became exercise. What for centuries was universal and everyday has become the fetishised pursuit of a minority, whether the superhuman feats of elite athletes, or a chore slotted into busy schedules. Yes, most people know physical activity is good for us. And yet 1.5 billion people around the world are so inactive they are at greater risk of everything from heart disease to diabetes, cancer, arthritis and depression, even dementia. Sedentary living now kills more people than obesity, despite receiving much less attention, and is causing a pandemic of chronic ill health many experts predict could soon bankrupt the NHS. Scientists call activity 'The Miracle Pill' - if you could turn incidental daily movement into a drug, it would be the most valuable pill in the world. How did we get here? Daily, constant exertion was an integral part of humanity for millennia, but in just a few decades movement was virtually designed out of people's lives through transformed workplaces, the dominance of the car, and a built environment which encourages people to be static. In a world now also infiltrated by ubiquitous screens, app-summoned taxis and shopping delivered to your door, it can be shocking to realise exactly how sedentary many of us are. A recent study found almost half of middle-aged English people don't walk continuously for ten minutes or more in an average month. At current trends, scientists forecast, the average US adult will expend little more energy in an average week than someone who spent all their time in bed. This book is a chronicle of this very modern and largely unexplored catastrophe, and the story of the people trying to turn it around. But it also offers readers an empowering individual template for change - as well as, for some, a wake-up call that their lifestyle might not be quite as healthy as they believe.

The Routledge Companion to Automobile Heritage, Culture, and Preservation University of Toronto Press

A critical look at the political economy of urban bicycle infrastructure in the United States Not long ago, bicycling in the city was considered a radical statement or a last resort, and few cyclists braved the inhospitable streets of most American cities. Today, however, the urban cyclist represents progress and the urban "renaissance." City leaders now undertake ambitious new

bicycle infrastructure plans and bike share schemes to promote the environmental, social, and economic health of the city and its residents. *Cyclescapes of the Unequal City* contextualizes and critically examines this new wave of bicycling in American cities, exploring how bicycle infrastructure planning has become a key symbol of—and site of conflict over—uneven urban development. John G. Stehlin traces bicycling's rise in popularity as a key policy solution for American cities facing the environmental, economic, and social contradictions of the previous century of sprawl. Using in-depth case studies from San Francisco, Philadelphia, and Detroit, he argues that the mission of bicycle advocacy has converged with, and reshaped, the urban growth machine around a model of livable, environmentally friendly, and innovation-based urban capitalism. While advocates envision a more sustainable city for all, the deployment of bicycle infrastructure within the framework of the neoliberal city in many ways intensifies divisions along lines of race, class, and space. *Cyclescapes of the Unequal City* speaks to a growing interest in bicycling as an urban economic and environmental strategy, its role in the politics of gentrification, and efforts to build more diverse coalitions of bicycle advocates. Grounding its analysis in both regional political economy and neighborhood-based ethnography, this book ultimately uses the bicycle as a lens to view major shifts in today's American city.

The Complete Book of Classic and Modern Triumph Motorcycles 1937-Today Penguin

Every great sports coach is a life coach. This book identifies 168 outstanding coaches who have much to teach us about optimizing our performance, our character, and our lives. Coaches build winning teams and enable each athlete they mentor, guide, cajole, and nurture to achieve top performance. More than this, every great sports coach is first and last a life coach. Sportswriter Justin Spizman identifies and profiles 168 of the greatest coaches and managers of all time. They have much to teach us about optimizing our performance, our character, and our lives. *Coach: The Greatest Teachers in Sports and Their Lessons for Us All* profiles coaches in every significant sport, from football, basketball, baseball, and hockey to gymnastics, skating, rowing, rugby, soccer, and more. From field to court, diamond, rink, and

pitch, the big leagues to the Olympics, college, and high school, Coach delivers the most teachable moments and methods—for play, for competition, and for life. Rich in quotations, each profile ends with lessons for top performance on and off the field, in and beyond the arena. Justin Spizman tracks all the relevant stats—for every sport keeps score—but he seeks first and last to disclose the mind, the heart, and the force of character that drive each of the indispensable men and women behind the world's most envied and admired athletes. His profiles range from the likes of Cardinals manager Tony La Russa (already an MLB legend), to Aimee Boorman and Cecile Canqueteau-Landi (who both coached gymnastics phenom Simone Biles), Bill Belichick (the take-no-prisoners field general of the New England Patriots), Pat Summitt (who racked up 1,098 wins as coach of the University of Tennessee Lady Vols basketball team from 1974 to 2012), Marián Vajda (the coach behind tennis titan Novak Djokovic), and David Leadbetter (golf guru to champions Kathy Baker, Nick Faldo, and Michelle Wie).

A Memoir of Identity, Faith, and Family Motorbooks

Modern all-road bikes combine attributes that were considered mutually exclusive just a few years ago: comfort and performance. Speed on smooth pavement and on rough gravel roads. A lively feel and the ability to carry a camping load. Handling that is both stable when the rider is tired and responsive on twisty mountain descents. All-road bikes combine the best aspects of racing, touring and even mountain bikes in just one bicycle. In this book, you'll find out how all-road bikes work and what is important when choosing one. A must-read for cyclists interested in the technology of their bikes, and for every cyclist contemplating his or her next bike purchase.

Journal of the Eighth Air Force Historical Society WW Norton

This "fascinating" story of a nineteenth-century mystery "should appeal to most lovers of history, as well as to bicycling enthusiasts. Strongly recommended" (Library Journal). In the late 1880s, Frank Lenz of Pittsburgh, a renowned high-wheel racer and long-distance tourist, dreamed of cycling around the world. He finally got his chance by recasting himself as a champion of the downsized "safety-bicycle" with inflatable tires, the forerunner of the modern road bike that was about to become wildly popular. In the spring of 1892 he quit his accounting job and gamely set out west to cover twenty thousand miles over three continents as a

correspondent for *Outing* magazine. Two years later, after having survived countless near disasters and unimaginable hardships, he approached Europe for the final leg. Lenz never made it. His mysterious disappearance in eastern Turkey sparked an international outcry and compelled *Outing* to send William Sachtleben, another larger-than-life cyclist, on Lenz's trail. Bringing to light a wealth of information, David Herlihy's gripping narrative captures the soaring joys and constant dangers accompanying the bicycle adventurer in the days before paved roads and automobiles. This untold story culminates with Sachtleben's heroic effort to bring Lenz's accused murderers to justice, even as troubled Turkey teetered on the edge of collapse. [8th AF News](#) Random House

The Routledge Companion to Automobile Heritage, Culture, and Preservation explores automotive heritage, its place in society, and the ways we might preserve and conserve it. Drawing on contributions from academics and practitioners around the world and comprising six sections, this volume carries the heritage discourse forward by exploring the complex and sometimes intricate place of automobiles within society. Taken as a whole, this book helps to shape how we think about automobile heritage and considers how that heritage explores a range of cultural, intellectual, emotional, and material elements well outside of the automobile body itself. Most importantly, perhaps, it questions how we might better acknowledge the importance of automotive heritage now and in the future. The Routledge Companion to Automobile Heritage, Culture, and Preservation is unique in that it juxtaposes theory with practice, academic approaches with practical experience, and recognizes that issues of preservation and conservation belong in a broad context. As such, this volume should be essential reading for both academics and practitioners with an interest in automobiles, cultural heritage, and preservation.

January-February 2018 Issue Cengage AU

Shows Triumph's versatile singles, twins, and triplets at their best, as well as the gutsy riders and talented tuners who made them such effective racing weapons for so long. Dives deep into the rich sporting history which earned Triumph countless fans. Photos.

Hoodlum Movies Tor Books

When looking at old pictures of Toronto, it is clear that the city's

urban, economic, and social geography has changed dramatically over the generations. Historic photos of Toronto's streetcar network offer a unique opportunity to examine how the city has been transformed from a provincial, industrial city into one of North America's largest and most diverse regions. *Streetcars and the Shifting Geographies of Toronto* studies the city's urban transformations through an analysis of photographs taken by streetcar enthusiasts, beginning in the 1960s. These photographers did not intend to record the urban form, function, or social geographies of Toronto; they were "accidental archivists" whose main goal was to photograph the streetcars themselves. But today, their images render visible the ordinary, day-to-day life in the city in a way that no others did. These historic photographs show a Toronto before gentrification, globalization, and deindustrialization. Each image has been re-photographed to provide fresh insights into a city that is in a constant state of flux. With gorgeous illustrations, this unique book offers an understanding of how Toronto has changed, and the reasons behind these urban shifts. The visual exploration of historic and contemporary images from different parts of the city helps to explain how the major forces shaping the city affect its form, functions, neighbourhoods, and public spaces.

Classic Bicycle Design from Japan Columbia University Press

The New York Times bestselling memoir about identity, love and understanding. Now a major motion picture starring Nicole Kidman, Russell Crowe, and Lucas Hedges, directed by Joel Edgerton. "Every sentence of the story will stir your soul" (*O Magazine*). The son of a Baptist pastor and deeply embedded in church life in small town Arkansas, as a young man Garrard Conley was terrified and conflicted about his sexuality. When Garrard was a nineteen-year-old college student, he was outed to his parents, and was forced to make a life-changing decision: either agree to attend a church-supported conversion therapy program that promised to "cure" him of homosexuality; or risk losing family, friends, and the God he had prayed to every day of his life. Through an institutionalized Twelve-Step Program heavy on Bible study, he was supposed to emerge heterosexual, ex-gay, cleansed of impure urges and stronger in his faith in God for his brush with sin. Instead, even when faced with a harrowing and brutal journey, Garrard found the strength and understanding to break out in search of his true self and forgiveness. By

confronting his buried past and the burden of a life lived in shadow, Garrard traces the complex relationships among family, faith, and community. At times heart-breaking, at times triumphant, *Boy Erased* is a testament to love that survives despite all odds.

The Adventures of Henry & Baloo U of Minnesota Press
Subways and yellow taxis may be the icons of New York transportation, but it is the bicycle that has the longest claim to New York's streets: two hundred years and counting. Never has it taken to the streets without controversy: 1819 was the year of the city's first bicycle and also its first bicycle ban. Debates around the bicycle's place in city life have been so persistent not just because of its many uses—recreation, sport, transportation, business—but because of changing conceptions of who cyclists are. In *On Bicycles*, Evan Friss traces the colorful and fraught history of cycling in New York City. He uncovers the bicycle's place in the city over time, showing how it has served as a mirror of the city's changing social, economic, infrastructural, and cultural politics since it first appeared. It has been central, as when horse-drawn carriages shared the road with bicycle lanes in the 1890s; peripheral, when Robert Moses's car-centric vision made room for bicycles only as recreation; and aggressively marginalized, when Ed Koch's battle against bike messengers culminated in the short-lived 1987 Midtown Bike Ban. *On Bicycles* illuminates how the city as we know it today—veined with over a thousand miles of bicycle lanes—reflects a fitful journey powered, and opposed, by New York City's people and its politics.

My Story Simon and Schuster

The Routledge Companion to Automobile Heritage, Culture, and Preservation Routledge

The Epic Tale of an American Adventurer and His Mysterious Disappearance Beyond Words

The first book to chronicle the golden age of Japanese bicycle design. Japanese bicycles have long been at the forefront of both competitive and recreational cycling—from top-flight racing bicycles to collectible custom fixed-gear frames. This comprehensive and stunningly illustrated book presents a fascinating overview of the most prolific and celebrated period of Japanese bicycle design, between the 1950s and the '80s, when uniquely talented artisanal craftsmen produced some of the most iconic bicycles of the twentieth century. From the recognizable

silhouettes of major manufacturers like Fuji, Panasonic, and Bridgestone to the rarest frames from artisanal builders like 3-Rensho or Nagasawa, Japanese bicycle designers dominated the cycling world and created machines that are still revered today. Illustrated with specially commissioned photographs of fully restored bikes, and supplemented with artifacts and ephemera from technical manuals to photography of the legendary Keirin racing circuits, this book is must-have for anyone with an interest in cycling and the phenomenon of Japanese design.

Bikes and Bloomers HMH

The ultimate reference for Triumph lovers and fans of British motorcycles, *The Complete Book of Classic and Modern Triumph Motorcycles 1937-Today* collects all of the motorcycles from this iconic brand in a single illustrated volume. In this revised and updated edition, you'll find the all-new Bonneville lineup introduced for the 2016 model year as well as other Triumphs through 2019. Originally formed as a bicycle company in 1885, Triumph produced its first motorcycle in 1902, which was simply a bicycle fitted with a Belgian Minerva engine. From there, the company, in various iterations, went on to build some of the most iconic motorcycles of all time. Written by respected Triumph expert Ian Falloon, this luxurious reference covers all of the major and minor models, with an emphasis on the most exemplary, era-defining motorcycles such as the Thunderbird, Tiger, Trophy, Bonneville, and new machines such as the Speed Triple, Thruxton, and Daytona 675. Detailed technical specifications are offered alongside compelling photography, much of it sourced from Triumph's archives. *The Complete Book of Classic and Modern Triumph Motorcycles 1937-Today* also features important non-production models and factory racing and speed-record-setting motorcycles that have become integral parts of Triumph's stellar reputation. This is a book no Triumph fan should be without! *Seriality and the Outlaw Biker Film Cycle, 1966-1972* VeloPress

Vintage Dirt Bikes will help you decide which Honda, Yamaha, Maico, Penton or Triumph to bring home. This book provides information on all the most popular makes, including: Highlights, Availability, Parts Availability, Ease of Restoration, and Final Value. This is the Buyer's Guide you need. *Streetcars and the Shifting Geographies of Toronto* Oxford University Press

Adam Silvera reminds us that there's no life without death and no

love without loss in this devastating yet uplifting story about two people whose lives change over the course of one unforgettable day. #1 New York Times bestseller * 4 starred reviews * A School Library Journal Best Book of the Year * A Kirkus Best Book of the Year * A Booklist Editors' Choice * A Bustle Best YA Novel * A Paste Magazine Best YA Book * A Book Riot Best Queer Book * A BuzzFeed Best YA Book of the Year * A BookPage Best YA Book of the Year On September 5, a little after midnight, Death-Cast calls Mateo Torrez and Rufus Emeterio to give them some bad news: They're going to die today. Mateo and Rufus are total strangers, but, for different reasons, they're both looking to make a new friend on their End Day. The good news: There's an app for that. It's called the Last Friend, and through it, Rufus and Mateo are about to meet up for one last great adventure—to live a lifetime in a single day. In the tradition of *Before I Fall* and *If I Stay*, *They Both Die at the End* is a tour de force from acclaimed author Adam Silvera, whose debut, *More Happy Than Not*, the New York Times called “profound.” Plus don't miss *The First to Die at the End*: #1 New York Times bestselling author Adam Silvera returns to the universe of international phenomenon *They Both Die at the End* in this prequel. New star-crossed lovers are put to the test on the first day of Death-Cast's fateful calls.

Feel Rutgers University Press

A Sunday Times Bestseller! A 2022 Alex Award Winner! “Sparks fly” (NPR) in Everina Maxwell's gut-wrenching and romantic space opera debut. Prince Kiem, a famously disappointing minor royal and the Emperor's least favorite grandchild, has been called upon to be useful for once. He's commanded to fulfill an obligation of marriage to the representative of the Empire's newest and most rebellious vassal planet. His future husband, Count Jainan, is a widower and murder suspect. Neither wants to be wed, but with a conspiracy unfolding around them and the fate of the empire at stake they will have to navigate the thorns and barbs of court intrigue, the machinations of war, and the long shadows of Jainan's past, and they'll have to do it together. So begins a legendary love story amid the stars. Like *Ancillary Justice* meets *Red, White and Royal Blue*, *Winter's Orbit* is perfect for fans of Lois McMaster Bujold. “High-pitched noises escaped me; I shouted, more than once, 'Now kiss!' ... in a world so relentlessly uncertain, there's a powerfully simple pleasure in the experience of a promise kept.” —The New York Times Book Review At the

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The Lost Cyclist Routledge

Feel is the story of how a small-time boy from humble beginnings in Louisiana rose to the pantheon of greats, to win the 500cc and 250cc GP Championship in the same year – an historic achievement over three decades ago which has never been repeated. Growing up at the time of the assassination of Malcolm X and Martin Luther King, Freddie judged by feel, not by colour. Blind to prejudice and discrimination, he formed dynamic connections with people and events, but only years later during his racing afterlife could Freddie come to understand the true power of the things he learned. Spencer is an articulate and compassionate guide as he describes the thrill and horror of racing in an era when death was a perennial threat. He recalls in pin-sharp detail the frenetic high-octane racing duels with the 'King' Kenny Roberts, but also describes a parallel internal journey as he struggled to make sense of it all. Driven by a search

for the personal fulfilment that comes through finding your purpose, Freddie's story is a universal one. In its message of hope, Feel transcends its genre to offer a story for everyone. Part thriller, part philosophical self-exploration, it is a remarkably insightful account of what it is like to have it all, but wonder why. "For the first time I will talk about the traumas of my childhood, the contrast between the leaf fire burns, the mistrust and discomfort and the peace and purpose I felt when riding my bike. I didn't tell my parents about something that happened to me. Why? I felt ashamed, but when I rode I felt connected to everything and the pain in my hand and heart would go away. It gave me the feeling of hope".

Eat, Sleep, Innovate Good Press

Go on the ride of your life with the racing legend himself **with a thrilling NEW CHAPTER on John's dramatic 2017 crash** 'Then I was there myself, just another face in the crowd, watching the bikes fly by. The smells, the noise and the speed were all there for me to experience. It was like a massive injection in my head and it just blew my mind. I knew within seconds that I was going to be

a TT racer. I didn't know how or what I was going to have to do to achieve this, and my dad wasn't going to be keen. Everyone around me was aware of the dangers, but from that moment I knew I had to do it.' John McGuinness is one of the all-time giants of road racing, with a huge host of victories to his name. But his easy humour and down-to-earth attitude off the bike have always kept people guessing: what's the truth about the man inside the helmet, that has kept him at the top of such a sport for over 20 years? His autobiography tells the whole story, from his humble beginnings in Morecambe and getting his first bike at the age of 3, to working as a bricklayer and cockle fisherman before deciding to follow his dream, and finally to his many victories in the most dangerous sporting event on the planet. He tells of what it takes to be a champion in such an exacting sport, and to keep winning even though all logic tells you to stop – and when so many of your fellow racers are paying the ultimate price for doing it. This thrilling autobiography gets into the head of the man who stares death in the face, and doesn't even flinch.