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# The Collected Works Of Chogyam Trungpa

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Work, Sex, Money

Meditation in Action

The Great Liberation Through Hearing In The Bardo

The Life and Teaching of Naropa

Dragon Thunder

The Truth of Suffering and the Path of Liberation

True Command - Glimpses of Realization - Shambhala Warrior Slogans - The Teacup and the Skullcup - Smile at Fear - The Mishap

Lineage - Selected Writings

Glimpses of Space; Orderly Chaos; Secret Beyond Thought; The Tibetan Book of the Dead: Commentary; Transcending Madness;

Selected Writings

Orderly Chaos

Seeing Accomplishes All

A Buddhist Approach to Psychology

The Collected Works of Chögyam Trungpa, Volume 2

Glimpses of the Profound

The Tibetan Book of the Dead

Work, Sex, Money - Mindfulness in Action - Devotion and Crazy Wisdom - Selected Writings

The Wisdom of Shambhala

The Collected Works of Chogyam Trungpa: Volume Three

The Path Is the Goal

The Path of Dharma Art

The Path Is the Goal - Training the Mind - Glimpses of Abhidharma - Glimpses of Shunyata - Glimpses of Mahayana - Selected Writings

The Life of Marpa the Translator

The Collected Works of Chögyam Trungpa, Volume 3

The Mandala Principle

Born in Tibet - Meditation in Action - Mudra - Selected Writings

A Basic Handbook of Buddhist Meditation

The Collected Works of Chögyam Trungpa: Work, sex money ; Mindfulness in action ; Devotion and crazy wisdom ; Selected writings

The Collected Works of Chogyam Trungpa: Volume Six

The Essence of the Ocean of True Meaning

True Perception

The Collected Works of Chögyam Trungpa: Shambhala : the sacred path of the warrior ; Great eastern sun : the wisdom of shambhala ; Selected writings

The Collected Works of Chögyam Trungpa: Born in Tibet ; Meditation in action ; Mudra ; Selected writings

Journey Without Goal

A Tibetan Buddhist Anthology of Mahamudra and Dzogchen

Shambhala: The Sacred Path of the Warrior

The Lion's Roar

The Mishap Lineage

Making Friends with Yourself through Meditation and Everyday Awareness

Mindfulness in Action

Journey Without Goal - The Lion's Roar - The Dawn of Tantra - An Interview with Chogyam Trungpa

*The Collected Works Of Chogyam  
Trungpa*

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## **JUNE LYONS**

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### **Work, Sex, Money** Shambhala Publications

Based on the author's talks at Naropa University, this volume introduces the reader to the principles of tantra, based on the practice of meditation, which leads to the discovery of egolessness. Trungpa Rinpoche provides a direct and experiential picture of the tantric world, explaining the importance of self-existing energy, the mandala principle, the difference between Buddhist and Hindu tantra—stressing the nontheistic foundation

of Buddhism. The role of the teacher and the meaning of tantric transmission are also presented. Written for the student of Buddhism rather than the scholar, Journey without Goal demystifies the vajrayana and at the same time affirms the power and sacredness of its ancient teaching.

### *Meditation in Action* Shambhala Publications

The rewards of mindfulness practice are well proven: reduced stress, improved concentration, and an overall sense of well-being. But those benefits are just the beginning. Mindfulness in action—mindfulness applied throughout life—can help us work more effectively with life's challenges, expanding our appreciation and potential for creative engagement. This guide to

mindful awareness through meditation provides all the basics to get you started but also goes deeper to address the questions that naturally arise as your practice matures and further insight arises. A distillation of teachings on the subject by one of the great meditation masters of our time, this book serves as an introduction to the practice as well as a guide to the ongoing mindful journey.

The Great Liberation Through Hearing In The Bardo Shambhala Publications

Marpa the Translator, the eleventh-century farmer, scholar, and teacher, is one of the most renowned saints in Tibetan Buddhist history. In the West, Marpa is best known through his teacher, the Indian yogin Nâropa, and through his closest disciple, Milarepa. This lucid and moving translation of a text composed by the author of *The Life of Milarepa* and *The Hundred Thousand Songs of Milarepa* documents the fascinating life of Marpa, who, unlike many other Tibetan masters, was a layman, a skillful businessman who raised a family while training his disciples. As a youth, Marpa was inspired to travel to India to study the Buddhist teachings, for at that time in Tibet, Buddhism had waned considerably through ruthless suppression by an evil king. The author paints a vivid picture of Marpa's three journeys to India: precarious mountain passes, desolate plains teeming with bandits, greedy customs-tax collectors. Marpa endured many hardships, but nothing to compare with the trials that ensued with his guru Nâropa and other teachers. Yet Marpa succeeded in mastering the tantric teachings, translating and bringing them to Tibet, and establishing the Practice Lineage of the Kagyüs, which continues to this day.

*The Life and Teaching of Naropa* Shambhala Publications

All of us experience obstacles as part of our journey, in life and on the spiritual path. In many cases, we think of them as purely something unpleasant to overcome, or as a mistake that needs correcting. Here, Chögyam Trungpa takes a radically different approach to such obstacles, teaching that unexpected chaos, confusion, and emotional upheavals can actually be used as fuel for the journey—an energy that can transform confusion into sanity and wisdom. He illustrates this transformative principle through telling the lively history of the Trungpa tulku (a lineage within the Kagyü tradition of Tibetan Buddhism), of which he was the eleventh incarnation. Trungpa referred to his lineage as the "Mishap Lineage" because of the ups and downs and colorful lives that were typical of his predecessors, and true of his own life as well. The stories of the Trungpas are seen as a guide for the practitioner's journey and help us to understand how important lineage and community remain for us today.

**Dragon Thunder** Shambhala Publications

The Collected Works of Chögyam Trungpa brings together in ten volumes the writings of the first and most influential and inspirational Tibetan teachers to present Buddhism in the West. Organized by theme, the collection includes full-length books as well as articles, seminar transcripts, poems, plays, and interviews, many of which have never before been available in book form. From memoirs of his escape from Chinese-occupied Tibet to insightful discussions of psychology, mind, and meditation; from original verse and calligraphy to the esoteric lore of tantric Buddhism—the impressive range of Trungpa's vision, talents, and teachings is showcased in this landmark series.

Volume Three captures the distinctive voice that Chögyam Trungpa developed in North America in the 1970s and reflects the preoccupations among Western students of that era. It includes *Cutting Through Spiritual Materialism* and *The Myth of Freedom*, the two books that put Chögyam Trungpa on the map of the American spiritual scene. *The Heart of the Buddha* and sixteen articles and forewords complete this volume.

### **The Truth of Suffering and the Path of Liberation**

Shambhala Publications

Each day we deal with the challenges of ordinary life: a series of mundane experiences that could be summarized by the title of this book, *Work, Sex, Money*. We all hope that these aspects of our life will be a source of fulfillment and pleasure, and they often are. Yet they are also always sources of problems for which we seek practical advice and solutions. The best prescription, according to Chögyam Trungpa, is a dose of reality and also a dose of respect for ourselves and our world. His profound teachings on work, sex, and money celebrate the sacredness of life and our ability to cope with its twists and turns with dignity, humor, and even joy. He begins by breaking down the barrier between the spiritual and the mundane, showing that work, sex, and money are just as much a part of our spiritual life as they are a part of our everyday existence. He then discusses these subjects in relation to ego and self-image, karma, mindfulness, and meditation. "Work" includes general principles of mindfulness and awareness in how we conduct everyday life as well as discussion of ethics in business and the workplace. "Sex" is about relationships and communication as a whole. "Money" looks at how we view the economics of livelihood and money as "green

energy" that affects our lives. The result is an inclusive vision of life, one that encompasses the biggest issues and the smallest details of every day. There are, in fact, few definitive answers in these pages. There is, however, authentic wisdom providing us with tools we need to work with the toughest stuff in our lives. [True Command - Glimpses of Realization - Shambhala Warrior Slogans - The Teacup and the Skullcup - Smile at Fear - The Mishap Lineage - Selected Writings](#) Shambhala Publications

The *Collected Works of Chögyam Trungpa* brings together in eight volumes the writings of one of the first and most influential and inspirational Tibetan teachers to present Buddhism in the West. Organized by theme, the collection includes full-length books as well as articles, seminar transcripts, poems, plays, and interviews, many of which have never before been available in book form. From memoirs of his escape from Chinese-occupied Tibet to insightful discussions of psychology, mind, and meditation; from original verse and calligraphy to the esoteric lore of tantric Buddhism—the impressive range of Trungpa's vision, talents, and teachings is showcased in this landmark series. Volume Six contains advanced teachings on the nature of mind and tantric experiences. Chögyam Trungpa's commentary on the Tibetan Book of the Dead explains what this classic text teaches about human psychology. *Transcending Madness* presents a unique view of the Tibetan concept of bardo. *Orderly Chaos* explains the inner meaning of the mandala. *Secret Beyond Thought* presents teachings on the five chakras and the four karmas. *Glimpses of Space* consists of two seminars: "The Feminine Principle" and "Evam." In the article "Femininity," the author presents a playful look at the role of feminine energy in

Buddhist teachings. "The Bardo," based on teachings given in England in the 1960s, has not been available in published form for many years.

Shambhala Publications

Chögyam Trungpa's in-depth exploration of the Four Noble Truths—the foundational Buddhist teaching about the origin of suffering and its cessation—emphasizes their profound relevance not just as an inspiration when we set out on the path, but at every other moment of our lives as well, showing how we can join view (intellectual understanding) of the teaching with practical application in order to interrupt suffering before it arises.

**Glimpses of Space; Orderly Chaos; Secret Beyond Thought; The Tibetan Book of the Dead: Commentary; Transcending Madness; Selected Writings** Shambhala Publications

According to the Buddha, no one can attain basic sanity or enlightenment without practicing meditation. The teachings given here on the outlook and technique of meditation provide the foundation that every practitioner needs to awaken as the Buddha did. Trungpa teaches us to let go of the urge to make meditation serve our ambition; thus we can relax into openness. We are shown how the deliberate practice of mindfulness develops into contrived awareness, and we discover the world of insight that awareness reveals. We learn of a subtle psychological stage set that we carry with us everywhere and unwittingly use to structure all our experience—and we find that meditation gradually carries us beyond this and beyond ego altogether to the experience of unconditioned freedom.

*Orderly Chaos* Shambhala Publications

"It was not always easy to be the guru's wife," writes Diana Mukpo. "But I must say, it was rarely boring." At the age of sixteen, Diana Mukpo left school and broke with her upper-class English family to marry Chögyam Trungpa, a young Tibetan lama who would go on to become a major figure in the transmission of Buddhism to the West. In a memoir that is at turns magical, troubling, humorous, and totally out of the ordinary, Diana takes us into her intimate life with one of the most influential and dynamic Buddhist teachers of our time. Diana led an extraordinary and unusual life as the "first lady" of a burgeoning Buddhist community in the American 1970s and '80s. She gave birth to four sons, three of whom were recognized as reincarnations of high Tibetan lamas. It is not a simple matter to be a modern Western woman married to a Tibetan Buddhist master, let alone to a public figure who is sought out and adored by thousands of eager students. Surprising events and colorful people fill the narrative as Diana seeks to understand the dynamic, puzzling, and larger-than-life man she married—and to find a place for herself in his unusual world. Rich in ambiguity, *Dragon Thunder* is the story of an uncommon marriage and also a stirring evocation of the poignancy of life and of relationships—from a woman who has lived boldly and with originality.

*Seeing Accomplishes All* Shambhala Publications

This book is based on two historic seminars of the 1970s, in which Chögyam Trungpa introduced the tantric teachings of Tibetan Buddhism to his Western students for the first time. Each seminar bore the title "The Nine Yanas." Yana, a Sanskrit word meaning "vehicle," refers to a body of doctrine and practical

instruction that enables students to advance spiritually on the path of Buddha-dharma. Nine vehicles, arranged in successive levels, make up the whole path of Buddhist practice. Teaching all nine means giving a total picture of the spiritual journey. The author's nontheoretical, experiential approach opens up a world of fundamental psychological insights and subtleties. He speaks directly to a contemporary Western audience, using earthly analogies that place the ancient teachings in the midst of ordinary life.

*A Buddhist Approach to Psychology* Shambhala Publications

At the beginning of his North American teaching career, Chögyam Trungpa conducted five pivotal seminars on various dharmic topics. The teachings from these seminars—originally published as four separate volumes and including Q&A—are now available in this single volume: • "Glimpses of Mahayana," on the discovery and characteristics of buddha nature • "Glimpses of Shunyata," on the central mahayana teaching of emptiness • "Glimpses of Space," on the inseparability of the vastness of the feminine principle and the dynamism of the masculine principle • "Glimpses of Realization," on the three bodies of enlightenment (dharmakaya, sambhogakaya, nirmanakaya) In these short, penetrating talks and lively exchanges with his early Western students, the Venerable Chögyam Trungpa Rinpoche presents the essential teachings of Tibetan Buddhism in a direct and experiential way. The talks resonated intensely with his audiences when they were given, and they continue to inspire those who wish to look further into the profundity of human experience. This collection provides direct glimpses of the possibility of liberation, the opening of the human heart, and the

awakening of one's true potential.

*The Collected Works of Chögyam Trungpa, Volume 2* Simon and Schuster

Genuine art has the power to awaken and liberate. The renowned meditation master and artist Chögyam Trungpa called this type of art "dharma art"—any creative work that springs from an awakened state of mind, characterized by directness, unselfconsciousness, and nonaggression. Dharma art provides a vehicle to appreciate the nature of things as they are and express it without any struggle or desire to achieve. A work of dharma art brings out the goodness and dignity of the situation it reflects—dignity that comes from the artist's interest in the details of life and sense of appreciation for experience. Trungpa shows how the principles of dharma art extend to everyday life: any activity can provide an opportunity to relax and open our senses to the phenomenal world. An expanded edition of Trungpa's *Dharma Art* (1996), this book includes a new introduction and essay.

*Glimpses of the Profound* Shambhala Publications

The art of composing spontaneous songs that express spiritual understanding has existed in Tibet for centuries. Over a hundred of these profound songs are found in this collection of the works of the great teachers of the Kagyü lineage, known as the Practice Lineage of Tibetan Buddhism. Many readers are already familiar with the colorful life of the yogin Milarepa, an early figure in the Kagyü lineage, some of whose songs are included here. Songs by over thirty other Buddhist teachers are also presented, from those of Tilopa, the father of the lineage, to those of the Sixteenth Gyalwa Karmapa, as well as several songs by Chögyam

Trungpa, the noted teacher of Buddhism in America who directed the translation of *The Rain of Wisdom*. The diversity of the songs mirrors the richness of Tibetan Buddhism and gives us clear portraits of some of its most eminent teachers. Their longing for truth, their heartfelt devotion, and their sense of humor are all reflected. These poems share a beauty and intensity that have made them famous in Tibetan literature. With its vivid imagery and deep insight, *The Rain of Wisdom* communicates a profound and timeless understanding.

*The Tibetan Book of the Dead* Shambhala Publications  
Shares the teachings of the influential Tibetan guru who contributed largely to the development of Buddhism in the West.

*Work, Sex, Money - Mindfulness in Action - Devotion and Crazy Wisdom - Selected Writings* Shambhala Publications

More and more mental health professionals are discovering the rich tradition of Buddhist psychology and integrating its insights into their work with clients. Buddhist tradition teaches that all of us are born with what Chögyam Trungpa terms "basic sanity," or inherent goodness, health, and clear perception. Helping ourselves and others to connect with this intrinsic ground of sanity and health is the subject of this collection of teachings, which the author gave to Western psychologists, psychotherapists, and students of Buddhist meditation over a number of years. *The Sanity We Are Born With* describes how anyone can strengthen their mental health, and it also addresses the specific problems and needs of people in profound psychological distress. Additionally, the author speaks to the concerns of psychotherapists and any health care professionals who work with their patients' states of mind. The collection

includes teachings on: • Buddhist concepts of mind, ego, and intelligence, and how these ideas can be employed in working on oneself and with others • meditation as a way of training the mind and cultivating mindfulness • nurturing our intrinsic health and basic sanity • guidance for psychotherapists and health professionals

**The Wisdom of Shambhala** Shambhala Publications

A pioneer in introducing Tibetan Buddhism to the West, Chogyam Trungpa is also one of its most controversial figures. Born in Tibet and trained in the traditional manner, he arrived in the U.S. in 1970, a time when there was virtually no knowledge of Buddhism in the general culture. He defied notions of how a holy man should act. Dressing in Western clothing and at times exhibiting unconventional behavior, his "crazy wisdom" made him a magnet for a generation of spiritual seekers. One of those seekers was Jeremy Hayward. This intimate memoir begins with their first meeting in 1970, then progresses year by year until Trungpa's death and beyond. Hayward vividly describes Trungpa's powerful, direct way of working with students, his groundbreaking work in bringing Buddhism to the West, and the teachings Trungpa presented each year. He also describes his own personal spiritual journey with Chogyam Trungpa as a guide.

**The Collected Works of Chogyam Trungpa: Volume Three**  
Shambhala Publications

*The Collected Works of Chögyam Trungpa, Volume 10*  
*Work, Sex, Money - Mindfulness in Action - Devotion and Crazy Wisdom - Selected Writings* Shambhala Publications

*The Path Is the Goal* Shambhala Publications

This is the story of the early life and escape from the Chinese of a

young tulku of Tibet, an incarnate lama of high rank. The book, first published in 1966, shows the quality of human life as lived in Tibet at all levels. The account of his religious education is detailed and of equal value is his description of the meditational centres and seminaries and of his tutors and spiritual teachers.

The Path of Dharma Art Shambhala Publications

In this classic scripture of Tibetan Buddhism—traditionally read aloud to the dying to help them attain liberation—death and

rebirth are seen as a process that provides an opportunity to recognize the true nature of mind. This translation of The Tibetan Book of the Dead emphasizes the practical advice that the book offers to the living. The insightful commentary by Chögyam Trungpa, written in clear, concise language, explains what the text teaches us about human psychology. This book will be of interest to people concerned with death and dying, as well as those who seek greater spiritual understanding in everyday life.