
Alkalize Or Die

The Wim Hof Method
The PH Miracle for Diabetes
Alkalize Or Die
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Eat Clean, Play Dirty
The Easy Acid Reflux Cookbook
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Reverse Aging
Amazing Face Reading
The Miracle of Water
The One-Pot Alkaline Diet Cookbook
Sodium Bicarbonate
The Live Food Factor
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Anagram Solver
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Alkaline Ionized Water
Garden Myths
Killing Cancer - Not People (4th Edition)
Alkalize Or Die
Choose Life Or Death
Green for Life
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The Gut Health Protocol
Here's the Story
The Acid-Alkaline Food Guide - Second Edition
Hiatal Hernia Syndrome
Left for Dead

Chakra Tonics
The Alkaline Reset Cleanse

Alkalize Or Die

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DRAKE MARQUISE

The Wim Hof Method SCB Distributors

Scientific Study Results of the Benefits of Alkaline Ionized Water in Human Tissue Culture and in Living Human Volunteers

The PH Miracle for Diabetes Rockridge Press

Kliment's program includes an explanation of the three metabolism types—the carnivore, the omnivore, and the herbivore—and what foods are best for each kind. *Eat Right for Your Metabolism* offers a seven-day meal plan for each of the three types of metabolisms introduced that will help readers lose weight and regain their health. Kliment's *The Acid Alkaline Balance Diet* has sold more than 33,000 copies. A valuable resource for the millions of people with poor digestion or who struggle with weight problems, as well as those who want to combat thyroid disease, arthritis, gynecological problems, liver disease, and other conditions naturally.

Alkalize Or Die North Atlantic Books

The Reams Biological Theory of Ionization. Clean book. No markings. Some shelf life wear. Complete book intact. 100% guaranteed.

Radiation Nation FQ Publishing

Receive Energy Healing and Mental Balance #1 New Release in Homeopathy Medicine The art of chakra balancing has never been tastier! Spiritual counselor and yoga instructor Elise Collins has created the perfect guide and recipe book of smoothies, teas, and tonics set to boost energy healing and restoration. Balance your Chakras with food. Our ancestors believed ingredients from the natural world cured not only physical ailments, but spiritual ones as well. Drawing on ancient wisdom, these restorative recipes contain powerful superfoods, herbs, minerals, and ph-balanced liquids designed to nourish the physical body and promote energy healing. Target your chakras with tonics. As you make your way through the chakra chart, find recipes that specifically target each chakra and clear out stale energy. And with bonus yoga techniques, learn how to release energy for Vedic vitality and a

balanced mind. Inside you'll find, recipes like: Sunrise juice for the sacral chakra Prana rising smoothie for the root chakra Carmelite water for the heart chakra If you enjoyed books like *The Ultimate Guide to Chakras*; *Chakra Healing*; or *Chakras, Food, and You*, then you'll love *Chakra Tonics*.

Eat Clean, Play Dirty Harper Collins

STAR OF BBC ONE'S FREEZE THE FEAR 'I've never felt so alive'

JOE WICKS 'A fascinating look at Wim's incredible life and method'

FEARNE COTTON My hope is to inspire you to retake control of your body and life by unleashing the immense power of the mind.

'The Iceman' Wim Hof shares his remarkable life story and powerful method for supercharging your health and happiness.

Refined over forty years and championed by scientists across the globe, you'll learn how to harness three key elements of Cold,

Breathing and Mindset to take ownership over your own mind and wellbeing. 'The book will change your life' BEN FOGLE 'Wim is a legend of the power ice has to heal and empower' BEAR GRYLLS

The Easy Acid Reflux Cookbook American Anti-Cancer Institute / International Wellness and Research Centre

Heal acid reflux with GERD-friendly recipes and an easy 3-stage action plan Get long-term relief from heartburn and other acid reflux symptoms with a practical, food-based action plan that stops pain and prevents it from coming back. This acid reflux diet book takes a diet-based approach, teaching you how to address the root causes of your discomfort with help from three meal plans and more than 100 delicious recipes. All of these recipes are designed to ease the symptoms of GERD and LPR, including chest pain, shortness of breath, coughing, and more. The Complete Acid Reflux Diet Plan shows you how to: Stop the pain—Jump-start your diet and relieve discomfort by removing acidic foods and focusing exclusively on GERD- and LPR-friendly foods. Heal your gut—Prevent fermentation in your gut, and introduce foods designed to soothe your digestive tract and promote healing. Reintroduce food gradually—Learn how to open up your food options again without upsetting your stomach. Put an end to the uncomfortable symptoms of acid reflux with this book's simple meal plans and delicious recipes.

The Enzyme Factor 2 Rockridge Press

What if there were a natural health-promoting substance that was inexpensive, available at any grocery store in the country, and probably sitting in your cupboard right now? There is. It is called sodium bicarbonate, although you may know it as baking soda. For years, sodium bicarbonate has been used on a daily basis as part of a number of hospital treatments, but most people remain unaware of its full therapeutic potential. In his new book, Dr. Mark Sircus shows how this common compound may be used in the alleviation, or possibly even prevention, of many forms of illness. *Sodium Bicarbonate* begins with a basic overview of the everyday item known as baking soda, chronicling its long history of use as an effective home remedy. It then explains the role sodium bicarbonate plays in achieving optimal pH balance, which is revealed as an important factor in maintaining good health. The book goes on to detail how sodium bicarbonate and its effect on pH may benefit sufferers of a number of conditions, including kidney disease, fungal infection, influenza, hypertension, and even cancer. Finally, it lists the various ways in which sodium bicarbonate may be taken, suggesting the easiest and most effective method for your situation. By providing a modern approach to this time-honored remedy, *Sodium Bicarbonate* illustrates the need to see baking soda in a whole new light. While it was once considered simply an ingredient in baked goods and toothpaste, sodium bicarbonate contains powerful properties that may help you balance your system, regain your wellbeing, and avoid future health problems.

Acid and Alkaline McGraw Hill Professional

Do These Things or You Will Die...5 Secrets to a Long, Healthy, & Energetic Life! could be titled "Confessions of a Medco Rep" as the author - Scott duPont worked for Medco (one of the world's largest prescription benefits companies) for 8 years meeting with over 12,000 individuals about their prescription medications. In the last 2 years, the author noticed a large increase in the number of young people now taking "maintenance" drugs on a daily basis. During the course of his career, duPont was also hired by over a dozen medical equipment & pharmaceutical companies (including Medtronic, Pfizer, Sanofi-Aventis, Merck, Glaxo, Novartis) attending over 100 medical conventions around the

world including numerous Oncology annual meetings and found the current state of most American's health alarming. Simultaneously over the past few years, Scott lost over a dozen close friends & family members to cancer and other terminal diseases which became the genesis for writing this self-help book to get people healthy again. Initially interested in Biology & Anatomy during his pre-med studies in college, duPont did not continue on to medical school, but remained interested in health & preventative medicine options. While consulting with some of the largest pharmaceutical companies duPont was inspired to do his own research into alkalizing & hydrating the body, stimulating the lymphatic system, and exercise programs that could be done with almost no extra time. The methodical systems laid out in the book are explained in plain English and have delivered astounding results with the author & contributing author (Ronald Farnham) who didn't always have perfect health. In addition, 48 other individuals completed the "7-Day Alkalize & Energize" cleanse outlined in the book and ALL of them who followed the program demonstrated profound results in terms of weight loss, lowered blood pressure, reduced cholesterol levels, clearing allergy symptoms all without expensive supplements! Several people the author has worked with over time have gotten off ALL their prescription drugs! Another benefit everyone should get after applying the strategies in this "how-to" book is an astounding increase in energy levels. The information is so powerful in this new, unique book that it is offered with a no questions asked "Total Satisfaction" Money Back guarantee! Soon to be expanded into a feature length documentary film by the award-winning sister company Nemours Marketing

The Detox Miracle Sourcebook Creative Alternatives.

This book is a fully illustrated guide to teach you how to immediately read the face of every person you meet. Face Reading is the ability to interpret facial features to determine such things as Thinking Style, Work Style, Sincerity Level, Personal Strength & Challenges Faced, just to name a few. Your face is a living history of your life with every feature & line carrying its own specific meaning. The ability to read these features & lines gives us insight into others & ourselves. Fulfer takes his art/science out of the realm of the mysterious & into a hands-on method of learning. The book is organized in an encyclopedic format, is superbly illustrated & takes you through

faces, top to bottom, detail to gestalt, gesture to metaphoric meaning. A valuable tool for parents, lawyers, therapists, teachers, human resource professionals, physicians, salesmen, mediators & many others, this how-to guide is so easy to use that you can begin to read faces before you finish the book. Order Information: \$17.95 plus tax & shipping (if applicable). To order by phone, call 817-377-2001. Postal orders should be sent to Mac Fulfer, P.O. Box 100904, Fort Worth, TX 76185 or e-mail your request to: FaceReading@aol.com.

Do These Things Or You Will Die R. F. Quinn Publishing Company
This thoughtful book includes new and extraordinary water-crystal photographs that provide convincing reasons for all of us to choose positive words and strive for perfect resonance for a more healthy, peaceful, and happy life. Masaru Emoto has photographed thousands of water crystals throughout his years of research, yet few have been as beautiful and life affirming as those formed from the words "love and gratitude." In *The Miracle of Water*, Dr. Emoto demonstrates how water's unique role in transporting the natural vibration of these words can help you welcome change and live a more positive and happy life. When we speak positive words, we send out a special vibration to others. They in turn emit positive words and, as a result, we are touched by the energy of love and gratitude. Words expressed in kindness and compassion are certain to result in positive effects for the giver. As Emoto says: 'If you shine a light on those around you with the words you use, you won't ever have to walk in the dark again.' This reflective, contemplative book explores water's critical role in transporting 'vibration information' to the body, and what we can learn from water crystals. There are compelling insights on using the lessons of resonance to mend disharmonious relationships, restore health and bring positive energy into your life.

The Acid-Alkaline Diet for Optimum Health Eagle Stock Publishing
Author shares how he controls blood pressure and cholesterol, and prevents heart attack by using herbal remedies.

The Complete Acid Reflux Diet Plan Hachette UK

With more than 50,000 first-edition copies sold, this expanded second edition provides the latest information on restoring your body's acid-alkaline balance • Discusses the role of enzyme supplements, prebiotic and probiotic complexes, and antioxidants in neutralizing and eliminating acids • Addresses the relationship

of proper hydration to essential enzyme activity and acid elimination • Outlines a sample alkaline detoxification diet Most people consume an abundance of highly processed foods that acidify the body. As a result, they are afflicted with health problems ranging from minor skin irritations, chronic fatigue, back pain, and depression to arthritis, ulcers, and osteoporosis. To enjoy optimum health, the body needs balanced quantities of alkaline and acid substances. In *The Acid-Alkaline Diet for Optimum Health*, naturopath and detoxification expert Christopher Vasey shows how a simple change in diet to restore your acid-alkaline balance can result in vast improvements in health. With two new chapters, this updated and expanded second edition provides the latest information on proper hydration and deacidification, important alkalizing supplements, and how to eliminate the body's accumulated acids through intestinal cleansing. It also includes a new, detailed example of an alkaline detoxifying diet. Rather than organizing alkaline and acid foods based on their chemical composition, Vasey categorizes foods by their effect on the body, explaining that some foods, such as fruits, can have either an alkalizing or an acidifying effect, depending on who eats them. He describes how to determine your acid levels and how to design a diet best suited for your particular health needs.

The pH Miracle Createspace Independent Pub

This classic guide to green nutrition will appeal to anyone who wishes to develop a healthy diet without making sacrifices to taste or lifestyle Everyone knows they need to eat more fruits and vegetables, but consuming the minimum FDA-recommended five servings a day can be challenging. In *Green For Life*, raw foods pioneer Victoria Boutenko reveals an easy way to get the nutrients and minerals you need, in the amount you need: greens and green smoothies. This quick, simple drink eliminates toxins and corrects nutritional deficiencies—benefiting everyone, regardless of lifestyle, diet, or environment. And they're delicious. *Green for Life* includes the latest information on the abundance of protein in greens, the benefits of fiber, the role of greens in homeostasis, the significance of stomach acid, how greens make the body more alkaline, and more. Also included are easy-to-follow recipes with nutritional data, inspiring testimonials, and research on how adding just one quart of green smoothies to your daily intake can make a world of difference. This updated edition

also provides important new research on the role that omega-3 and omega-6 fatty acids play in metabolic health. Offering more in-depth nutritional and experiential information than Boutenko's Green Smoothie Revolution, Green for Life makes an ideal companion piece to its recipe-rich successor.

Reverse Aging Random House

Balancing your pH can be pH-enormously easy, tasty, and healthy. Keeping your pH levels in line sounds like something you'd need an advanced chemistry degree to understand—but it's not! In *The One-Pot Alkaline Diet Cookbook* you'll learn how to replace acid-heavy foods with alkalized nutrients in a simple and delicious way. Get first-rate health benefits—including weight loss, improved digestion, reduced inflammation, and more—all in a single pot. This beginner cookbook includes 100 delectable plant-based recipes that were developed to minimize your hands-on work in the kitchen. Plus, the one-pot cooking technique makes sticking to the alkaline diet a walk in the park. Inside *The One-Pot Alkaline Diet Cookbook*, you'll find: Totally alkalized—These vegetarian, entirely alkaline meals are geared toward helping your body balance its pH levels and improving your overall health and wellness. Beyond one pot—Recipes are organized by the cookware they are made in: sheet pan, Dutch oven, blender, skillet, and others. Complete resource—The book includes an overview of the alkaline diet and all of its benefits as well as a guide of which alkalizing foods to enjoy and which acid-forming foods to minimize. If you've been looking for an alkaline diet guide that's easy-to-use, try *The One-Pot Alkaline Diet Cookbook*.

Amazing Face Reading Atria Books

With scientific research, her own chemistry background, and the traditional diets of our not-so-distant ancestors as her guide, Dee McCaffrey casts new light on an age-old wisdom: Eating foods in their closest-to-natural form is the true path to sustained weight loss and, in fact, the remedy for almost any health problem. We are so far removed from foods in their natural state that we now call them "health foods", a sad admission that we've compromised our health for the sake of convenience. *The Science of Skinny* aims to create a space for change -- to educate and enlighten readers on the value of proper nutrition so that they can find a healthier and more life-affirming relationship with their bodies and the food they eat. Offering serial dieters a healthy and lifelong way to shed pounds -- and keep them off -- *The Science of*

Skinny includes: kick-start plans; guidelines for family- and kid-friendly meals; quick and delicious menus and more than 50 recipes; shopping lists and eating-on-the-go tips; easy fitness routines; and more.

The Miracle of Water Simon and Schuster

Marcia! Marcia! Marcia! Marcia Brady, eldest daughter on television's *The Brady Bunch*, had it all—style, looks, boys, brains, and talent. No wonder her younger sister Jan was jealous! For countless adolescents across America who came of age in the early 1970s, Marcia was the ideal American teenager. Girls wanted to be her. Boys wanted to date her. But what viewers didn't know about the always-sunny, perfect Marcia was that offscreen, her real-life counterpart, Maureen McCormick, the young actress who portrayed her, was living a very different—and not-so-wonderful—life. Now, for the very first time, Maureen tells the shocking and inspirational true story of the beloved teen generations have invited into their living rooms—and the woman she became. In *Here's the Story*, Maureen takes us behind the scenes of America's favorite television family, the Bradys. With poignancy and candor, she reveals the lifelong friendships, the hurtful jealousies, the offscreen romance, the loving support her television family provided during a life-or-death moment, and the inconsolable loss of a man who had been a second father. But *The Brady Bunch* was only the beginning. Haunted by the perfection of her television alter ego, Maureen landed on the dark side, caught up in a fast-paced, drug-fueled, star-studded Hollywood existence that ultimately led to the biggest battle of her life. Moving from drug dens on Wonderland Avenue to wild parties at the Playboy mansion and exotic escapades on the beaches of Hawaii, this candid, hard-hitting memoir exposes a side of a beloved pop-culture icon the paparazzi missed. Yet it is also a story of remarkable success. After kicking her drug habit, Maureen battled depression, reconnected with her mother, whom she nursed through the end of her life, and then found herself in a pitched battle for her family in which she ultimately triumphed. There is no question: Maureen McCormick is a survivor. After fifty years, she has finally learned what it means to love the person you are, insight that has brought her peace in a happy marriage and as a mother. *Here's the Story* is the empowering, engaging, shocking, and emotional tale of Maureen McCormick's courageous struggle over adversity and her lifelong battle to come to terms

with the idea of perfection—and herself.

The One-Pot Alkaline Diet Cookbook George Ohsawa
Macrobiotic

KILLING CANCER - NOT PEOPLE IS ABOUT WHAT CANCER REALLY IS, HOW TO PREVENT IT AND HOW TO HEAL IT. THIS IS YOUR CANCER BIBLE. About the book: • Read meticulously documented Truth about the AACI Cancer Paradigm and what it means for you and your family. • Be amazed by doctors and medical professionals who know this Truth - some want you to know it, and some don't. Learn why. • Learn what you absolutely must do and stop doing if you have cancer right now, and what you must do for cancer prevention. • Understand detoxification and the cancer diet in plain English. • Read dozens of testimonials from those who have suffered with many types of cancer and have struggled with conventional medicine. Discover what they did that put their disease into remission. • Learn the five-step protocol that is essentially all that cancer patients really need. *** The previous three editions have sold over 30,000 copies worldwide. 100% money raised will go to International Wellness & Research Centre. *** ** What those who were impacted from this book are saying: ** "Robert Wright has done it again, surpassing all expectations. The revised fourth edition of *Killing Cancer-Not People* contains indisputable breakthrough material on the cutting edge of scientific advancement in oncology." — Maureen Howard Long, Owner, Holy Grail Cancer Care ** "If I had to choose one book that would teach me how to prevent and heal chronic disease it would be Bob Wright's *Killing Cancer-Not People*. When you read it, open not just your conscious, left brain mind, but your heart mind. The truth shall set you free - from disease." — Brian LeCompte, MD ** "I talk to people with cancer every day. At our pharmacy, we strive to inform and educate our clients regarding alternative cancer treatments and supplements. Most people don't know what to do or where to start. I suggest, '*Killing Cancer - Not People*,' as the best place to start. The book is easily understood and gets to the point with the truth about cancer and how to heal it. I consider it my cancer Bible. I use the book in our Tuesday health lectures and our Wednesday night water lectures. This book is exactly what I needed to help spread the word that there are natural ways to heal cancer." - Barbara Hubbard, Town Center Compounding Pharmacy ** "Whether you are trying to prevent cancer or beat it, in this book Robert Wright delivers both

the testimonial evidence and the factual proof that shows you can win the cancer battle – but you’ve got to be willing to FIGHT in order to WIN any battle in life! Through the testimonials herein, you’ll find some amazing stories of ‘miraculous’ healing of cancer that were the direct result of unleashing the body’s natural healing capabilities....You hold in your hands the most powerful book ever written to prevent, treat, heal, and beat this disease” - Bill Powers, Texas, Stage IV Victor ** “After four months of following the 5-Step AACI Protocols, the tumors were diagnosed as ‘gone’ - by the same doctor who had diagnosed, my son, Kenny with brain cancer - through an MRI scan report dated July 12, 2016. Doctors kept saying it was a miracle. Of 10,000 previous cases, this is the only one where the patient was totally cleared of tumors WITHOUT any medical treatment. We are so happy and grateful to Bob Wright of the AACI/IWARC for this ‘miracle’ of natural healing and their prayers. Without reading this book and support from the AACI/ IWARC, my son would have ended up taking chemotherapy. We cannot imagine what would have happened next!” - Dennis Kong, Sibü ** "Bob give you here a fabulous 'User's Manual' for your body. He says he's giving you 'the truth' and he's right. I've read dozens of books on healing cancer using natural substances - the why and how. This is the best. I've written and published 3 three such books myself. This is the best Bar none." — Bill Henderson, Author of "Cancer Free" [Sodium Bicarbonate](#) Icaro Publishing

Product Description The Live Food Factor is the first comprehensive guide to not only the raw food diet, but also the raw food movement itself. This diet is sweeping America as people discover its power to not only make a body lean, but also keep disease at bay and bolster the immune system to heal from what are typically considered "incurable" diseases. Everyone who eats should read this book! The first edition won the IPPY award as "most progressive health book of the year." The second edition of the Live Food Factor is an updated, expanded and revised comprehensive guide to the raw food diet, with a section on inspiration, a section on science, a section on the history of raw foodism, a complete how-to section, including frequently asked questions & answers, and recipes. It contains 66 scientific studies to support the superiority of eating raw. This second edition brings a summary of all the benefits of Natural Hygiene as well. It includes several chapters written mainly by Victoria BidWell,

including the true cause of illness, how to detox and an entire chapter on fasting. It also includes a new chapter written mainly by Dr. Vetrano and Dr. Tosca Haag on how to get children to eat raw. There are new testimonials, many new recipes, updated science studies, and even 3 new appendices. It is packed with new and updated information. In fact, this edition has about 37% more information! (The font had to be slightly condensed to squeeze everything in!) It also contains forewords by Dr. V. Vetrano, DC, hMD, PhD, DSci (who worked extensively with Dr. Shelton of the Natural Hygiene movement) and Victoria Boutenko (one of the most noted leaders of the raw food movement). It was carefully edited for accuracy by Bob Avery, expert on the raw food diet and former editor of the M2M magazine, as well as Victoria Bidwell and Dr. Vetrano for accuracy in the Natural Hygiene components.

The Live Food Factor Awakenings

Second Edition! “THANK YOU !!!! I have been suffering from IBS and SIBO for years I came across your "gut health protocol" and followed it to a T... and I truly have not felt this good in years !!!!! You have given me my life back !!!!! I never realized how sick I was, and I forgot how a healthy person should feel. I thought I had to live my life feeling the way I did. Not the case at all !! To everyone out there.... read the gut protocol, follow what is suggested...its so worth it !!!” — Jackie A. “I've been doing John's protocol for the last two months and it has helped immensely with my SIBO. My bloating and stomach distention are pretty much gone, ditto stools pretty much normal and motility much better. I had a glucose breath test (unfortunately only for hydrogen) a couple of weeks ago and it was negative... I did the protocol full swing, all of the supplements and extra antimicrobials, as well as lifestyle changes. I'm not necessarily 100% better, but it's the first thing I've done beside a ridiculously restrictive diet that has actually helped me heal. In fact, previously my diet was slowly becoming more and more restricted. Give it a try, it's good stuff. And, hey John Herron, thank you!” — Michelle M. “I would like to share that I have had such great success. My gut is probably about 90% better. I realize that it still probably has issues and this is a journey of healing and keeping it well, but I have had no bloating, belching, constipation or diarrhea, and limited moments of soreness. I feel that I am now digesting my food and the shortness of breath, heart palpitations, and discomfort in my

throat are gone too.” — Berea F. “I just looked at your latest protocol and I have to say it is totally amazing! It seems more thorough than most of the 5 books I have read. Were/are you something famous for your job?” — Debbie H. The Gut Health Protocol outlines natural approaches to tackling dozens of stomach and intestinal health issues using only scientifically studied natural herbs, supplements and diet. Supplements commonly available in local health foods stores and at your favorite online retailer. Many common ailments often have gut issues as their underlying cause, conditions such as: recurring stomach aches, diarrhea, constipation, heartburn, IBS, acid reflux, nausea, eating disorders, eczema, obesity, Chronic Fatigue Syndrome and even major depression have all been linked to gut issues. The root of many of these problems can often be traced quite convincingly to Small Intestinal Bacterial Overgrowth (SIBO), intestinal candida albicans, h.pylori bacteria overgrowth in the stomach, bacterial dysbiosis throughout the gut or other secondary conditions that these infections cause. The Gut Health Protocol, and The Gut Health Diet, can usually resolve these issues, and without damaging antibiotics or steroids. Even if you choose to go the antibiotic route The Gut Health Protocol can make the treatment more effective and can help prevent serious complications. The Gut Health Protocol contains over 1200 published scientific studies summarized and explained in easy to understand language, over 500 pages on paper, and reviews of several treatment options. Unlike many self-help books nearly everything in the book is based on science, not opinion. The author takes all of this brilliant research and translates it to the practical application of healing and caring for our gut. The book is written in such a way as allow your doctor to easily look up the scientific studies to validate the claims and treatment suggestions. No need to take the author’s word for anything, you and your doctor can read the research. It is recommended that everyone works with a doctor to determine a treatment plan. Though everyone’s condition is different, you can be feeling much better in as little as 2 weeks, naturally and without risky antibiotic treatments. Be sure visit The Gut Health Protocol on Facebook, there are thousands of members just like you, all helping each other.

Healing and Recovery Hay House, Inc

The book on Alkaline Water is an eye opening journey that opens

the door on the truth about the water we drink from our faucets, to the documented facts about the bottled water industry. Join the writer on this quest of discovery to find out how you too can obtain the tools necessary to ensure that the water you drink is all that it was intended it to be. Documented sources such as the FDA and the Safe Drinking Water Act provide little known facts that we should all be aware of when it comes to the water we

drink. Did you know that drinking Alkaline Water can eliminate hangovers and bring your body back (quickly) to its normal pH balance? You will learn what Reverse Osmosis (used in many water stores) is and how the process strips all nutritional value from any water exposed to this process (Good for steam irons but not our bodies). The introduction of ionizer water machines started several years ago in Japan and Korea. The machines produce alkaline/ionized water using a system of electrolysis and

carbon filters to create water so delicious and nutritious for your body that once experienced you will never want to spend another dime on bottled water. Join the informed people around the globe that are taking the responsibility for their own good health into their own hands. Invest in your health buy an ionizer water machine. Contact the writer for special discount pricing on the ionizer of your choice.